

Menu Subject to Change				
Preschool - Grade 8 JANUARY LUNCH MENU 2017-2018				
Monday	Tuesday	Wednesday	Thursday	Friday
1st	2nd	3rd	4th	5th
HAPPY NEW YEAR! We do not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings.	Chicken Tacos Whole Grain Tortilla Shredded Cheddar Cheese Taco Sauce Chipotle Style Beans Shredded Romaine Chilled Peaches	Meatball Hoagie Beef Meatballs in Marinara Sauce Hoagie Roll Shredded Mozzarella Cheese Fresh Apple Tater Tots & Ketchup Celery Smiles	Turkey Cheeseburger Hamburger Bun Shredded Lettuce Roasted Red Potatoes Fresh Strawberries Ketchup	Garlic Cheese Pizza Bread Marinara Sauce Kale & Romaine Salad & Italian Dressing Fresh Orange
8th	9th	10th	11th	12th
Beef Hot Dog on a Bun Ketchup Jicama Sticks & Ranch Dressing Vegetarian Baked Beans Chilled Mixed Fruit	Chicken & Gravy Creamy Mashed Potato Bread & Butter Zucchini Coins Fresh Banana Giant Graham Cracker Ranch Dressing	BBQ Chicken Slider Mac & Cheese Fresh Broccoli & Carrots Ranch Dressing Fresh Apple	Cheese Stuffed Breadsticks Marinara Dipping Sauce Spinach Salad Italian Dressing Celery Smiles Fresh Grapes	Cheeseburger Meatloaf Ciabatta WG Ciabatta roll Fresh Broccoli w ranch Steamed Carrots Fresh Melon
15th	16th	17th	18th	19th
NO SCHOOL	BBQ Beef Meatballs Fresh Broccoli Potato Wedges & Ketchup Cornbread Fresh Grapes	Creamy Chicken Alfredo Penne Pasta Romaine Salad & Italian Dressing Baby Carrots Fresh Melon WG French Bread	Beef Tacos Whole Grain Tortilla Cheddar Cheese Shredded Romaine Lettuce Refried Beans Fresh Apple Taco Sauce	Teriyaki Chicken Slider Chicken Egg Roll Sweet & Sour Dip Crunchy Cauliflower Florets Chilled Pineapple
22nd	23rd	24th	25th	26th
Chicken Strips BBQ Dipping Sauce Green Beans Carrot Sticks Fresh Apple Ranch Dressing	Cheeseburger Hamburger Bun Fresh Zucchini Vegetarian Baked Beans Fresh Banana Ranch & Ketchup	Chicken Drumstick Loaded Mashed Potatoes Fresh Broccoli & Ranch Dressing Mandarin Oranges Whole Grain Cookie	Popcorn Orange Chicken Vegetable Brown Fried Rice Kohlrabi and Grape Tomatoes Fresh Grapes Ranch Dressing	Walking Tacos Seasoned Beef, Nacho Tortilla Chips Shredded Cheddar Cheese Shredded Romaine Baby Carrots, Fresh Melon
29th	30th	31st	Feb 1st	2nd
Crispy Chicken on a Bun Celery Smiles Steamed Corn Chilled Pears	Mini Turkey Corn Dogs Vegetarian Baked Beans Romaine Salad French Dressing Fresh Banana Ketchup	BBQ Beef Riblet Hoagie Roll Glazed Carrots Fresh Sugar Snap Peas Applesauce	Sweet & Sour Chicken Meatballs Vegetable Brown Rice Fresh Broccoli & Ranch Dressing Grape Tomatoes & Ranch Dressing Fresh Melon	Italian Meatsauce over Penne Pasta Mixed Green Salad Fresh Apple Ranch Dressing

MEAL PRICES: \$2.90 Students; \$1.50 Extra lunch; Adults: \$3.85

Add money to your lunch account at:

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