

Menu Subject to Change

K - 8 SEPTEMBER LUNCH MENU 2018-2019

Monday	Tuesday	Wednesday	Thursday	Friday
3rd	4th	5th	6th	7th
<p>HAPPY LABOR DAY! NO SCHOOL</p>	<p>Grades 1-8 at school: Chicken Tacos WG Tortilla Shredded Cheddar Cheese Shredded Romaine Refried Beans Fresh Apple Taco Sauce ALTERNATE: Chicken Cheddar Wrap</p>	<p>All students at school: Chicken Ala King Creamy Mashed Potato WWG French Bread Fresh Broccoli Fresh Melon Butter PC Ranch Dressing ALTERNATE: Roast Turkey And Cheese Sandwich</p>	<p>Chicken Patty Green Beans WG Hamburger Bun Fresh Carrots Fresh Grapes Ranch Dressing ALTERNATE: Turkey Club Sub</p>	<p>WG Pizza - Cheese/Pepperoni Grape Tomatoes Sliced Romaine & Iceberg Salad Fresh Orange Ranch Dressing ALTERNATE: PB&J</p>
10th	11th	12th	13th	14th
<p>Cheeseburger Vegetarian Baked Beans Hamburger Bun Fresh Carrots Fresh Apple Ketchup Ranch Dressing ALTERNATE: Italian Cold Cut Combo</p>	<p>BBQ Beef Riblet Glazed Carrots Hoagie Roll Fresh Broccoli Fresh Banana Ranch Dressing ALTERNATE: Chicken Cheddar Wrap</p>	<p>Chicken Alfredo WG Penne Pasta WG French Bread & Butter PC Romaine Salad Celery Sticks Fresh Orange Italian Dressing ALTERNATE: Roast Turkey And Cheese Sandwich</p>	<p>Chicken Strips Steamed Corn Cucumber Coins Fresh Melon BBQ Dipping Sauce ALTERNATE: Turkey Club Sub</p>	<p>Walking Taco Beef WG Nacho Chips Shredded Cheddar Cheese Shredded Romaine Fresh Carrot Stick Chilled Peaches Ranch Dressing ALTERNATE: Turkey Ham & Cheese Ciabatta</p>
17th	18th	19th	20th	21st
<p>Turkey Mini Corn Dogs Vegetarian Baked Beans Fresh Carrots Fresh Apple Ketchup Ranch Dressing ALTERNATE: Turkey Ham & Cheese Sub</p>	<p>BBQ Chicken Slider Mac & Cheese WG Hamburger Bun Jicama Sticks Zucchini Coins Fresh Banana Ranch Dressing & BBQ Sauce ALTERNATE: Chicken Caesar Wrap</p>	<p>Sweet & Sour Chicken Meatballs Vegetable Brown Rice Fresh Broccoli Chilled Pineapple Ranch Dressing ALTERNATE: Turkey Club Sub</p>	<p>Cheese Stuffed Breadsticks Marinara Dipping Sauce Kale & Romaine Salad Pea Pods Fresh Melon Italian Dressing ALTERNATE: Southwest Chicken Wrap</p>	<p>WG Pizza - Cheese/Pepperoni Kohlrabi Sticks Carrot Sticks Fresh Grapes Ranch Dressing ALTERNATE: PB&J</p>
24th	25th	26th	27th	28th
<p>Chicken Flatbread Gyro WG Pita Bread Cucumber Coins Shredded Romaine, Diced Tomatoes Mandarin Oranges Ranch Dressing & Sour Cream PC ALTERNATE: Italian Cold Cut Combo</p>	<p>Beef Tacos Seasoned Black Beans WG Tortilla Shredded Cheddar Cheese Shredded Romaine Fresh Banana Taco Sauce ALTERNATE: Chicken Cheddar Wrap</p>	<p>Popcorn Orange Chicken Fried Vegetable Brown Rice Fresh Broccoli Fresh Melon Ranch Dressing Orange Sauce ALTERNATE: Roast Turkey And Cheese Sandwich</p>	<p>BBQ Beef Meatballs Potato Wedges Cornbread Grape Tomatoes Applesauce Ketchup ALTERNATE: Turkey Club Sub</p>	<p>Garlic Cheese Pizza Bread Marinara Sauce Tossed Spinach Sliced Zucchini Fresh Orange French Dressing ALTERNATE: Turkey Ham & Cheese Ciabatta</p>
				<p>Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.</p>

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

This institution is an equal opportunity provider.