Nourishing bodies, minds and cultures.

CKC Good Food

This institution is an equal opportunity provider

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SEPTEMBER 2026

TASTY | HEALTHY | FUN | VARIETY | BALANCED

September Breakfast

All Grades

	Monday, 8/31/26	Tuesday, 9/1/2026	Wednesday, 9/2/2026	Thursday, 9/3/2026	Friday, 9/4/2026
Week IV	**All Beef Red Sauce Breakfast Pizza** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Assorted Cereal Bowl** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**French Toast Sticks Pack** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Fun Donut Day **Mini Donut Bites** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Ultimate Breakfast Round** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
		Entrée of the Day is 2 Whole Grain Items Equivalent.			
	Monday, 9/7/2026	Tuesday, 9/8/2026	Wednesday, 9/9/2026	Thursday, 9/10/2026	Friday, 9/11/2026
Week V	**No School**	**Blueberry Muffin** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Turkey Egg & Cheese Egg Roll** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Apple Fritter Bun** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Glazed PullAparts** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
	Monday, 9/14/2026	Tuesday, 9/15/2026	Wednesday, 9/16/2026	Thursday, 9/17/2026	Friday, 9/18/2026
Week VI	**All Beef Red Sauce Breakfast Pizza** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Assorted Cereal Bowl** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Eggo French Toast Bites** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Cinnamon Swirls** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Confetti Maple Waffle (Natural Colors)** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
	Monday, 9/21/2026	Tuesday, 9/22/2026	Wednesday, 9/23/2026	Thursday, 9/24/2026	Friday, 9/25/2026
Week I	**Mini Pancake Puffs** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Smoothie Day - Drink Your Breakfast** Yogurt & Fruit Smoothie | Strawberry Crispie Bar Choice Milk & Second Fruit	**Turkey, Egg & Cheese Burrito** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Pumpkin Bread Super Slice** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Fun Donut Day **Chocolate Cake Donut** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
	Monday, 9/28/2026	Tuesday, 9/29/2026	Wednesday, 9/30/2026		
Week II	**Chicken & Cheese Croissant Sandwich** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Assorted Cereal Bowl** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Warm Mini Pizza Bagels** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit		
	Entrée of the Day is 2 Whole Grain Items Equivalent.				

*** Three Items meet USDA requirements (One Item must be fruit).

Assorted Fluid Milk / Fluid Milk Substitute Choices offered. This menu is pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

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Menu is subject to infrequent changes

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WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)

OCTOBER 2026

TASTY | HEALTHY | FUN | VARIETY | BALANCED

Week II

Thursday, 10/1/2026	Friday, 10/2/2026
Honey Breakfast Bun 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Banana Muffin** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit

Entrée of the Day is 2 Whole Grain Items Equivalent.

Week III

Monday, 10/5/2026	Tuesday, 10/6/2026	Wednesday, 10/7/2026	Thursday, 10/8/2026	Friday, 10/9/2026
All Beef Country Gravy Breakfast Pizza 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	Fun Chocalate-y Day **Choco Chip Muffin** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Eggo Waffle Bites** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Banana Bread Super Slice** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	**Cinnamon Roll** 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit

Entrée of the Day is 2 Whole Grain Items Equivalent.

Week IV

Monday, 10/12/2026
Chicken Sausage & Chz on Maple Pancake Sandwich 100% 4.23 oz Fruit Juice Choice Milk & Second Fruit

Entrée of the Day is 2 Whole Grain Items Equivalent.

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Entrée of the Day is 2 Whole Grain Items Equivalent.